



Express One-day Skills Training on Individual Bedside Skills

- *EXTRAIN is a skills training course to upskill your nurses on nursing procedures*
- *It will empower them to provide safe and high quality patient care*

Course Duration: One day

SkillsForMED deliverables

- *1-day hands-on training*
- *Using roleplay, case scenarios and manikins*

Join SkillsForMED in our journey to upskill nurses to provide safe and high-quality patient care!

EXTRAIN Topics

- 1. Nursing communication**
- 2. IV therapy**
- 3. Nasogastric tube insertion**
- 4. Urinary catheterisation**
- 5. Medication administration**
- 6. Oxygen and airway management (including tracheostomy care)**
- 7. Care of surgical patient and wound care**
- 8. Nursing assessments (including MEWS assessment)**
- 9. Daily nursing tasks (Bedside handing over, responding to patient call, bedside safety checks, maintaining narcotics, crash cart maintenance, preparing for diagnostic procedures)**
- 10. Documentation**

Enrol your nurses now!

